

DOLLY

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high school confessions

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A popular, a floater & an emo tell all

LIFE AFTER SCHOOL guide

How to ace EXAMS + get the CAREER you want

Could u pick ur bum out of a line-up?

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4 readers take the body dysmorphia test

HOW TO GET ANY GUY to like you

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5 HEARTBREAKING READS

“My whole family has HIV”
“The day my best friend died”

DIY Bedroom MAKEOVER

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+WIN A \$5000 BEDROOM UPGRADE!

Hetero-flexible, bi-curious, bent

Inside the NEW SEX REVOLUTION

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Rip it out & keep 4eva
The ultimate how to BEAUTY HANDBOOK

Teen Obesity

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What it's like to be 15 years old and 100kgs

Mischa

LIFE AFTER THE OC

DOLLY TEEN CHOICE AWARDS

Target. Nominee fashion special inside



Shout out Hey Rosie, witcha been up ta??? Hope every1 is havin fun back home! love ya Kat ... Kathryn, Dysart

BOLLY Beauty

HOW TO BANISH BLACKHEADS

Clogged up pores can result in nasty little blackheads – yuck! Beat these babies at their own game, by using blackhead-busting products like Clean & Clear Blackhead Clearing Cleanser, \$9.99, and Toner, \$7.49, Clearasil Blackhead Clearing Scrub with Natural Sea Salt, \$9.96, and Lotion, \$7.96.

HOW TO PICK A PERFUME

ARE YOU A TOM-BOY? GIRLIE GIRLY BIT OF A FLIRTY? WHEN YOU'RE SCENT-SNIFFING, CARRY A LITTLE BAG OF COFFEE BEANS. SMELLING THE COFFEE IN BETWEEN WILL REFRESH YOUR NOSE SO IT DOESN'T GET CONFUSED!

HOW TO GET PROFESSIONALLY STRAIGHT HAIR

Pauline from Ginger Hair in Sydney, gave us the lowdown on Ionic Straightening and DOLLY deputy ed Kate tried it out!

HOW DOES IT WORK?
"If the hair is in good condition, it's okay to go ahead. Firstly, we apply a lotion to treat and protect the hair and leave that for half an hour. We wash and dry the hair completely and apply a leave-in conditioner. We then do the ironing of the hair which can take between 3-5 hours. After the ironing we let it cool down, and apply a neutralising lotion, wash and dry it one last time and then you're done!"

HOW MUCH DOES IT COST?
"It depends on the length of your hair and how curly it is naturally. The process starts at \$185 and can go up to \$300."

If you want Pauline to get straight with your locks, call Ginger Hair, Sydney, 02 9261 0876.

Check out Kate before and after getting her hair professionally straightened!

HOW TO DIY BIKINI WAX

- Step 1: Ensure your skin is clean, and lightly dust with baby powder to make sure it's dry.
- Step 2: If your hairs are longer than half an inch, trim them. This will make it easier and less messy.
- Step 3: Apply the wax to the bikini line in the same direction as the hair growth.
- Step 4: Place the material or plastic wax strip over the top and press firmly downwards.
- Step 5: Using one hand to pull your skin taut (in the same direction as the hair growth), use the other hand to quickly pull the strip backwards in the opposite direction.

Try Nair Easiwax Hair Removal Wax, \$9.99.

HOW TO PLUMP UP YOUR LIPS

WANT A JUICY POUT IN AN INSTANT? USE A LIP GLOSS THAT'LL ADD VOLUME. WE LOVE NAKED KISS INSTANT PLUMPING COLLAGEN LIP TREATMENT, \$24.96, SALLY HANSEN THIN LIP COLLAGEN BOOST, \$13.96, AND DUWOP LIP VENOM, \$40.

We want Scarlett's totally smokin' plump pucker.